

California Children’s Outdoor Bill of Rights

WHEREAS, the City of San Luis Obispo recognizes the recent concern about youth detachment from outdoor activities, lack of physical exercise and increased health risks, especially associated with childhood obesity; and

WHEREAS, the City of San Luis Obispo recognizes that spending time in the great outdoors can be a wonderful experience for people of all ages, and especially for our youth; and

WHEREAS, participating in outdoor activities is not only an enjoyable way for youth to get the exercise they need, it also helps them develop a greater appreciation for our magnificent environment; and

WHEREAS, to promote increased involvement in outdoor activities, the California Roundtable on Recreation, Parks and Tourism – a volunteer group comprising public and private organizations from the federal, state and local levels – has created the Children’s Outdoor Bill of Rights; and

WHEREAS, the Bill of Rights provides that youth between the ages of four and fourteen should have the opportunity to:

1. Discover California’s past
2. Splash in the water
3. Play in a safe place
4. Camp under the stars
5. Explore nature
6. Learn to swim
7. Play on a team
8. Follow a trail
9. Catch a fish
10. Celebrate their heritage

WHEREAS, numerous studies document that children who participate in these outdoor recreational activities are healthier, do better in school, have better social skills and self-image, and lead more fulfilled lives; and

WHEREAS, the City of San Luis Obispo’s Parks and Recreation and Open Space programs offer many opportunities for our children to enjoy the great outdoors.

NOW, THEREFORE, I, David F. Romero, Mayor of the City of San Luis Obispo, on behalf of the City Council of San Luis Obispo, do hereby recognize the “Children’s Outdoor Bill of Rights” and encourage children’s participation in outdoor activities throughout the year.

WITNESS THE OFFICIAL SEAL OF
THE CITY OF SAN LUIS OBISPO: